

Top 10 Strategies for Parents to Motivate their Children to Study

- 1) Be immaculately organised and teach your children how to manage their own time. Make sure there is a year planner prominently displayed with all your children's key test, exam, assignment dates on it.
- 2) Talk about purpose with your children – why is it important for them to do well at school - provide role models, examples, stories from your own life
- 3) Encourage them to dream of their best possible future occupation and then plan out all the stages they will need to go through to get there from here
- 4) Focus on intrinsic motivators for study – satisfaction, completion, pride, overcoming challenges, discovering capabilities, gaining knowledge and skills, creating more choices/options in their lives
- 5) Talk about courage, the courage it takes to do something you know is going to be hard, like studying, use biographies, stories of great courage
- 6) Help them to develop the habit of delayed gratification, having their pleasures but only when all the work is finished
- 7) In order to improve your child's learning they must focus on the two things they have control of – effort and strategy use. Focus all your praise on the effort they put in and their clever use of different strategies, avoid praising their talent, intelligence or ability.

- 8) If they have any difficulty learning anything new, get them to focus on their process, how they are learning, and try new and different strategies, resources, resource people
- 9) If they have difficulties keeping up, help them with their planning, break down each assignment into component parts and build deadlines for each part – put them on the wall chart
- 10) Teach them that patience, persistence, determination, focus and concentration are the virtues of education, they are the skills good education teaches us

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