## NORTHWOOD COLLEGE

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To whom it may concern,

## Re: Art of Learning

We have just come to the end of another two days of excellent sessions provided for our Year 8 and Year 10 students by presenters from the Art of Learning. This has been the fourth year that they have visited Northwood College and each year we have been delighted with the enthusiasm for thinking and learning that they generate in our girls.

The speakers are experienced and professional, quickly developing a very good rapport with the students and gaining their respect and complete attention. A huge variety of ideas are presented each time, creating a very useful opportunity for our girls to reflect on their study habits, thinking processes, attitudes and motivation and preparation for examinations. And then there is the juggling! Each year this is enormously popular, illustrating powerfully the difference that we can make to our lives by gaining control of that little voice that too often whispers 'I can't'...

The evening presentation was greatly valued by our parents and served to emphasise the importance of bringing up resilient, confident children rather than wrapping them in cotton wool.

These sessions play a valuable part in our thinking and learning skills programme at Northwood College and we look forward to welcoming Lance King and the Art of Learning back to our school again next year.

Yours faithfully,

C. J. Simister

Director

Advanced Cognitive Development Programme Northwood College

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